



SOUTHERN CALIFORNIA SYMPOSIUM

Beyond The Pandemic

Los Angeles County

INITIAL REACTIONS TO COVID

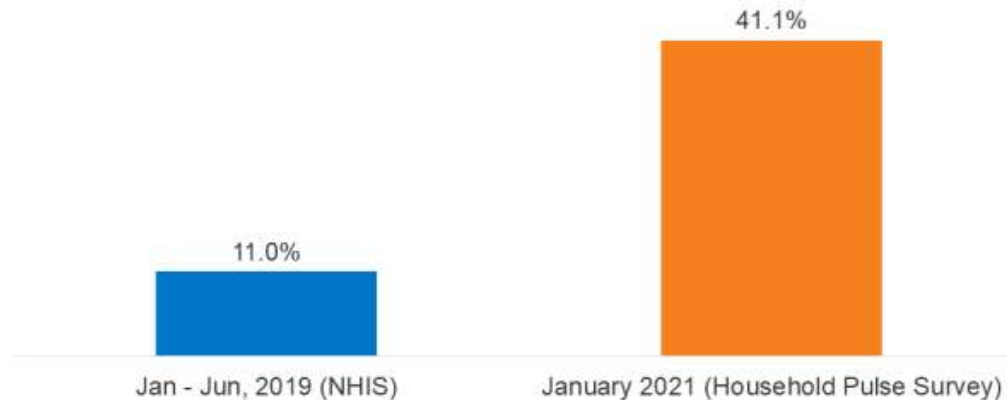
Challenges

- During the COVID+ spikes, the challenge of behavioral health bed availability
- COVID+ clearance to access services
- The extended lock down, job loss, family stressors exacerbated by working from home, led to increased economic and psychological stress, and increased need for behavioral health services.
- Initial challenges of Utilization Review and County Staff teleworking (adjusting procedures to address the needs)
- Delays in processing authorizations and payments
- Moving patients through the continuum of care

ANXIETY AND/OR DEPRESSIVE DISORDER

Figure 1

Average Share of Adults Reporting Symptoms of Anxiety Disorder and/or Depressive Disorder, January-June 2019 vs. January 2021

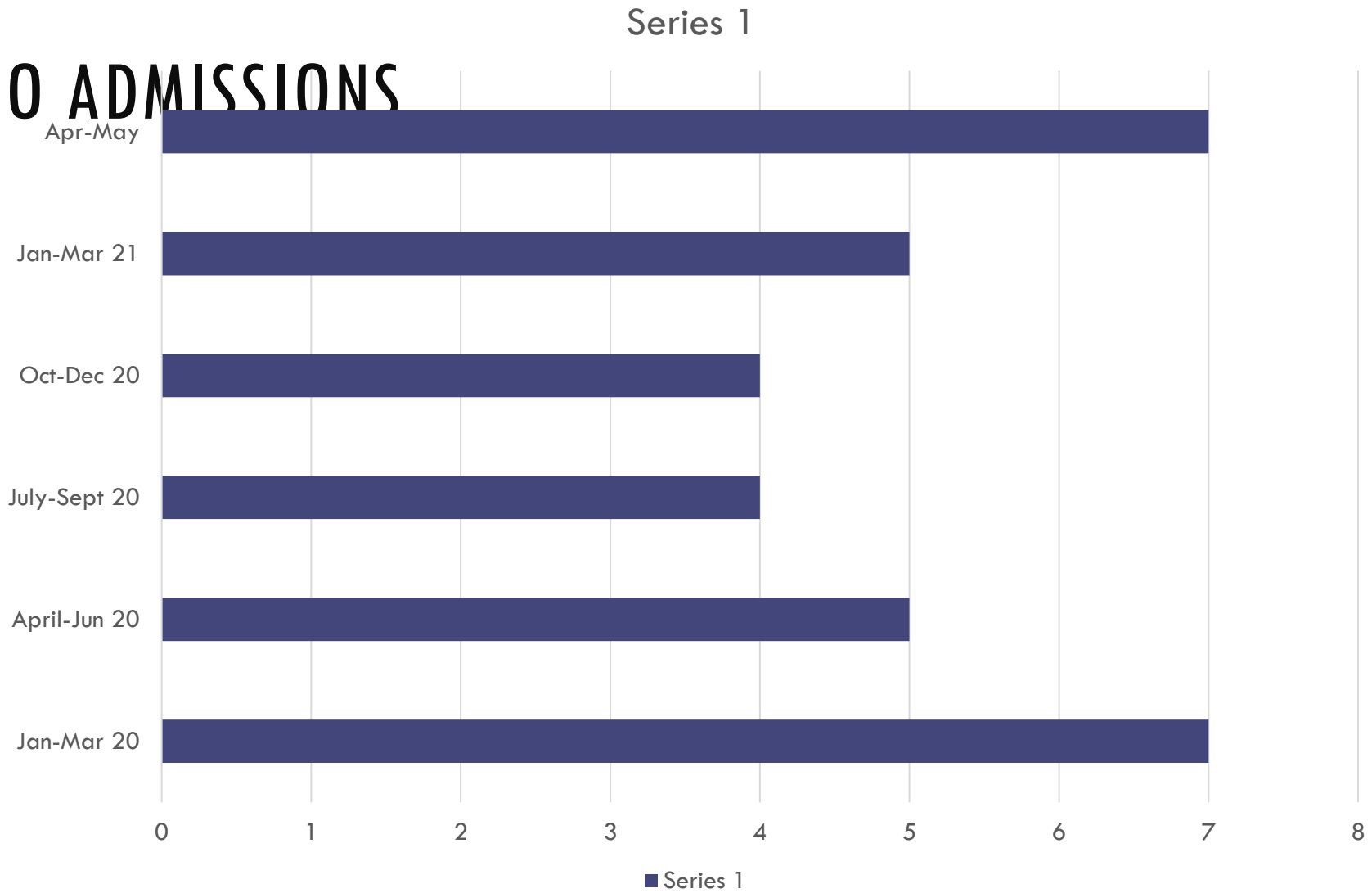


NOTES: Percentages are based on responses to the GAD-2 and PHQ-2 scales. Pulse findings (shown here for January 6 – 18, 2021) have been stable overall since data collection began in April 2020.

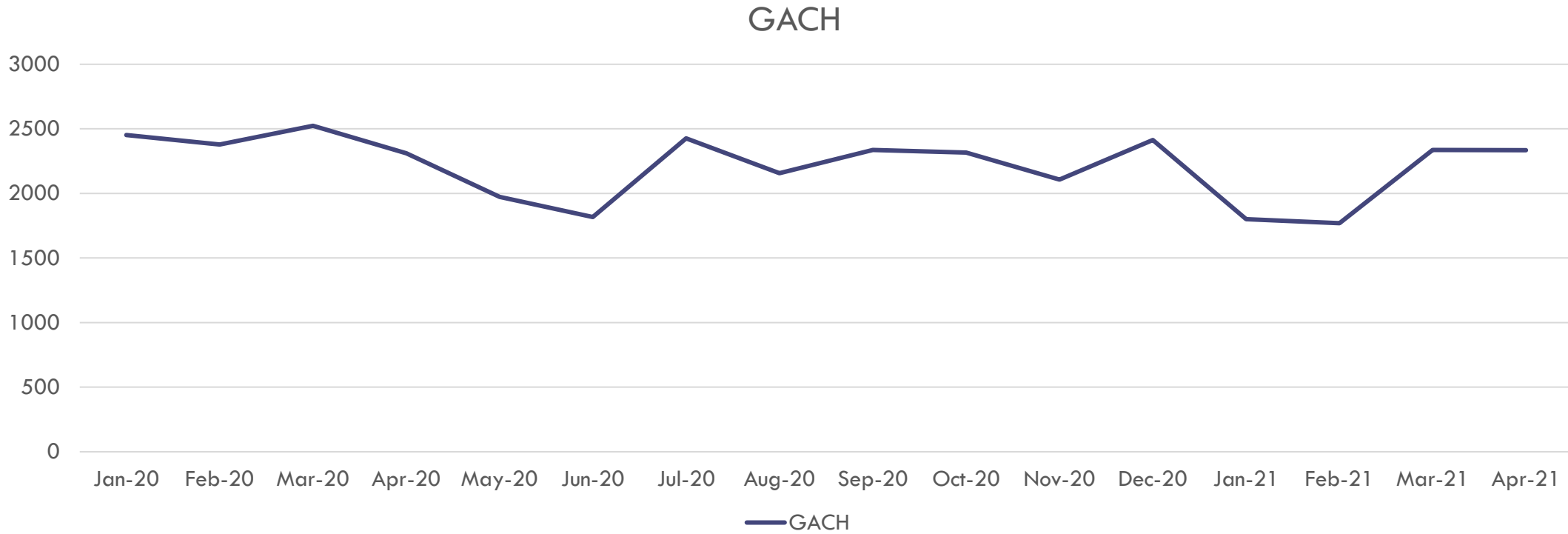
SOURCE: NHIS Early Release Program and U.S. Census Bureau Household Pulse Survey. For more detail on methods, see: <https://www.cdc.gov/nchs/data/nhis/earlyrelease/ERmentalhealth-508.pdf>

KFF

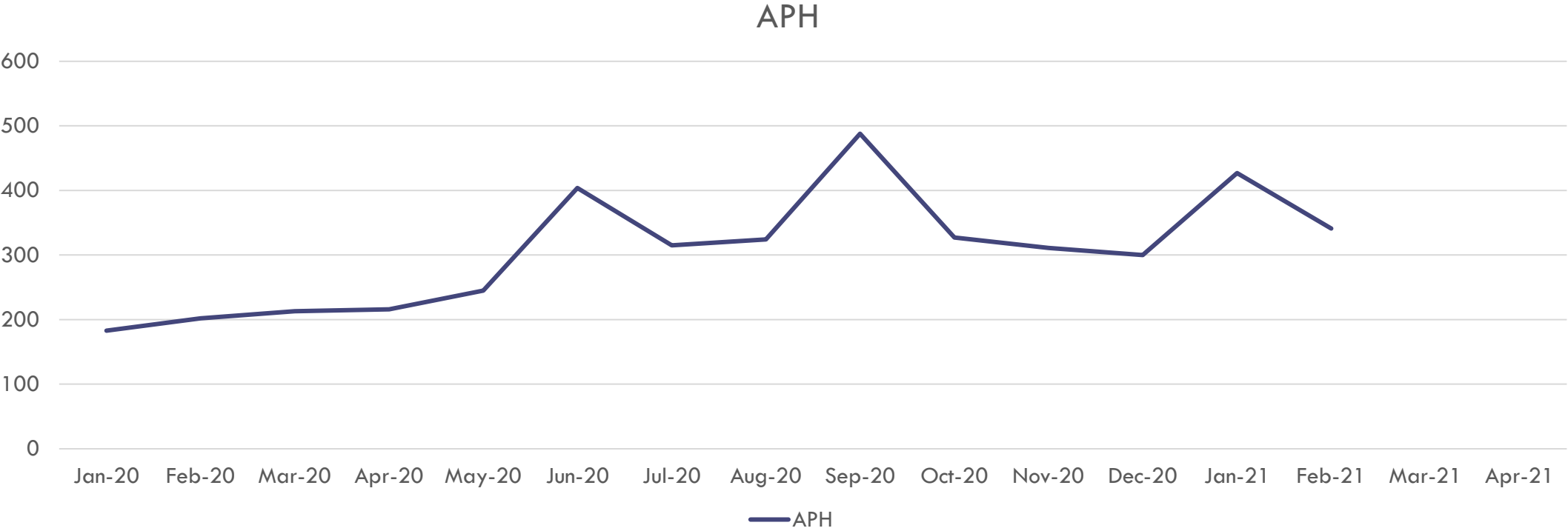
EATING DO ADMISSIONS



HOSPITAL ADMISSIONS 2020-21 GACH



HOSPITAL ADMISSIONS 2020-21 APH



OPPORTUNITIES FOLLOWING FROM COVID

RESPONSES TO COVID

Opportunities

- Telehealth opportunities
- Increasing Concurrent Authorization
- New Programming: Increasing Behavioral Health Urgent Care; Crisis Residential Treatment Facilities; IOP and PHP for medi-cal patients
- Single point for outpatient appointment scheduling
- COVID + - Behavioral Health Beds
- Med –Behavioral Health Beds.